

Your Name \_\_\_\_\_

### Phones/Screens Family Interview Prep

Which family member or other adult in your life will you interview for this assignment?

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What are the 3 most important things you'd like your person to know about phones/screens, based on the research you have looked at?

1.
2.
3.

(Also remember to give your adult a copy of the info sheet.)

What is one question you have for your adult about phones/screens?

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### Your Adult's Answers

(YOU, the student, should write down what your adult says. This is YOUR homework, not theirs.)

**Question 1** for your adult: What information surprised you the most about the information I provided about screens and phones? Why did it surprise you?

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**Question 2** for your adult: How do you think screens are affecting you? How do you think it is affecting your family's learning or their mood/mental health?

**Question 3** for your adult: What would you like to change the way you – or your family - uses screens this year? Why?

**Question 4** for your adult: This is you own question from the other side. Write their answer below!