

# Social & Emotional Learning: Three Workshops for Educators & Parents

Morningside Center for Teaching Social Responsibility, a national leader in the field of social and emotional learning, offers three Saturday workshops in the run up to our third annual **SEL Courageous Schools Conference on May 19, 2012**. Two workshops are geared to teachers and school administrators; the third is geared to parents.

All workshops run from 9:00 am to 4:30 pm. The registration fee for each workshop is \$20. We'll serve a light breakfast (at 8:45 am) and a light lunch. Register now for one or more workshops by visiting our website: [www.morningsidecenter.org](http://www.morningsidecenter.org).

**Location:** Workshops will be held at Judson Memorial Church, 239 Thompson St, NYC (between Washington Square South and West 3rd Street), in the downstairs Assembly Hall.

**Contact:** For more information, please contact Marieke van Woerkom at [hvanwoerkom@morningsidecenter.org](mailto:hvanwoerkom@morningsidecenter.org) or call 212-870-3318 x72.

*We are grateful to the Tiger Foundation for helping to make this workshop series possible. Photo: © Christopher Smith*



**REGISTER ONLINE NOW:**  
[www.morningsidecenter.org](http://www.morningsidecenter.org)

## Holistic Discipline (for teachers & administrators)

**Saturday, February 4**

9:00 am to 4:30 pm

More and more often these days, teachers are expected to deal with disciplinary issues during class instruction time. In this interactive workshop, facilitated by Morningside Center staff developer Kristin Page Stuart, participants will explore Morningside Center's approach to discipline, which is grounded in social and emotional learning. Participants will:

- look at the three arms of holistic discipline and take time to reflect on their school's approach to discipline;
- unpack their assumptions about what discipline means and begin to challenge and reshape those assumptions;
- talk about their experiences with discipline and how it affects their teaching; and
- learn skills to integrate self awareness, conflict resolution, and personal responsibility into their approach to discipline.

## Eliminating Bullying (for teachers & administrators)

**Saturday, March 3**

9:00 am to 4:30 pm

Building on last year's eliminating bullying workshop, this interactive workshop will deepen participants' understanding of how to create safe and supportive schools for all students. In the workshop, facilitated by Morningside Center staff developers Nelly Espina and Tolonda Tolbert, participants will:

- distinguish bullying behavior from other kinds of negative behavior;
- discuss their experiences with bullying and efforts to counter it both in person and in cyberspace;
- explore how cyberbullying operates differently than traditional bullying;
- learn how bullying is directed at LGBTQ youth in particular and how this affects the school community as a whole; and
- learn research-based strategies to enable students, teachers and school leaders to stop bullying and create a more welcoming school environment for all.

## Parent Leadership in Schools (parents only)

**Saturday, March 31**

9:00 am to 4:30 pm

Join parents from around New York City for this interactive bilingual (Spanish & English) parent leadership workshop. Mariana Gaston, former PS 24/Brooklyn Assistant Principal (and a parent herself), and Mariel Cepeda, parent coordinator at PS 24, will engage participants in team building, communication and problem solving skills to help strengthen their PTA teams. The goal: building the kind of school leadership that has parents and educators working together to benefit their children's education. Participants will learn:

- facilitation skills for more effective PTA meetings;
- communication skills to deal with difficult personalities;
- problem-solving skills useful in working with diverse groups of people.

